



Mar.15th-Mar.19th	Monday	Tuesday	Wednesday	Thursday	Friday
<b>早餐 BREAKFAST</b> (除寄宿生外, 其他人用餐需提前报餐)	米粉、面条、炒粉、包点、水 煮蛋、油条、牛奶、	米粉、面条、水饺、包点、水 煮蛋、手抓饼、甜酒冲蛋	米粉、面条、汤圆、炒饭、包 点、水煮蛋、西多士	米粉、面条、馄饨、包点、水 煮蛋、玉米、绿豆粥	米粉、面条、水饺、包点、水 煮蛋、蒸红薯、牛奶
<b>糕点 MORNING SNACKS</b>	芝士面包 Cheese Bread	蛋挞 Egg Tart	海苔蛋糕 Seaweed Cake	鲜奶面包 Milk Bread	巧克力蛋糕 Chocolate Cake
<b>蔬菜沙律 FRESH VEGETABLE BAR</b>	生菜、黄瓜、胡萝卜、红腰豆、圣女果、紫甘蓝、玉米 Lettuce、Cucumber、Carrot、Kidney Bean、Cherry Tomato、Red Cabbage、Sweet Corn				
<b>水果 FRUITS</b>	水果 Fruits	水果 Fruits	水果 Fruits	水果 Fruits	水果 Fruits
<b>面包 BREADS</b>	全麦核桃面包/椰蓉餐包 Wholewheat/Coconut Stuffing	法式谷物面包/红豆餐包 Cereals/Red Bean Paste	佛卡夏面包/鲜橙餐包 Focaccia/Orange	亚麻籽面包/墨西哥酱餐包 Linseed/Mexican Flavoured	德式碱水面包/菠萝酥粒餐包 Pretzel/Pineapple
<b>中式套餐 A CHINESE SET A</b>	水煮牛肉+莴笋片炒肉+时令青 菜	萝卜烧牛腩+青椒茄子片炒肉+时 令青菜	川味回锅肉+三文治火腿炒蛋+ 时令青菜	杏鲍菇炒牛肉丝+油豆腐黄豆肉 片+时令青菜	豆辣蒸排骨+花菜炒肉+时令青 菜
	Boiled Beef with Hot Chili Oil+Pork with Lettuce Stem+Seasonal Greens	Braised Beef with Carrot+Pork with Green Eggplant+Seasonal Greens	Sichuan Twice-cooked Pork Belly+Ham with Scrambled Eggs+Seasonal Greens	Shredded Beef with Mushroom+Pork with Dried Tofu&Soybean+Seasonal Greens	Steamed Sparerib with Potato +Pork with Cauliflower+Seasonal Greens
	番茄鸡蛋汤 Tomato&Egg Soup	玉米萝卜龙骨汤 Sweet Corn&Bone Soup	虫草花老鸭汤 Chinese Duck Broth	冬瓜龙骨汤 Wax-gourd&Bone Soup	鱼头豆腐汤 Fish Head&Tofu Soup
<b>混合套餐 B WESTERN&amp;ASIAN SET B</b>	手抓饼+青咖喱鸡+西式蔬菜	美式土豆角+土耳其风味烤鸡+ 西式蔬菜	意粉+墨西哥辣味牛肉酱+花菜 西葫芦+南瓜饼	土豆泥配肉汁+香烤鸡翅根+西 式菠菜汤	玉米棒+黑椒牛柳披萨+春卷
	Taiwan-flavoured Pancake+Green Curry Chicken+Fried Vegetables	Potato Wedges+Roasted Chicken in Turkish Style+Fried Vegetables	Pasta+Mexican Chilli Con Carne+Cauliflower with Zucchini+Pumpkin Cake	Mashed Potatoes&Gravy+Roasted Chicken Drumettes+Fried Vegetables	Sweet Corn+Beef Pizza+Spring Roll
<b>面档套餐 C NOODLES SET C</b>	木耳肉丝/鸡蛋/青菜	鸡肉酱/鸡蛋/青菜	饺子/鸡蛋/青菜	排骨/鱼丸/青菜	卤牛肉/鸡蛋/青菜
	Pork&Fungus/Egg/Greens	Chicken/Egg/Greens	Dumpling/Egg/Greens	Sparerib/Fish Ball/Greens	Marinated Beef/Egg/Greens
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>晚餐 DINNER</b> (除寄宿生外, 其他人用餐需提前报餐)	炒饭		炒粉		
	糖醋排骨	手撕鸭	酸菜鱼	小鸡炖蘑菇	
	长豆角肉丝	青红椒牛肉丝	酱汁淮山炒肉	农家一碗香	
	豆辣蒸香肠	蒜蓉肉末蒸粉丝	番茄鸡蛋	肉末冬瓜	
	时令青菜	时令青菜	时令青菜	时令青菜	
	例汤+水果	例汤+水果	例汤+水果	例汤+水果	

Please Note: All menu items subject to change based on seasonality & local availability.

注意: 所有菜品出品会随着原材料季节性和本地库存量而随时变化。